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THROMBOSIS, THROMBOPROPHYLAXIS AND COAGULOPATHY IN COVID- 19 INFECTIONS



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A background image showing several spherical COVID-19 virus particles with characteristic surface spikes, rendered in a grayscale, electron-microscope style. The particles are scattered across the slide, with some in sharp focus and others blurred in the background.

Coagulopathy of COVID-19

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ORIGINAL ARTICLE

Clinical Characteristics of Coronavirus Disease 2019 in China

W. Guan, Z. Ni, Yu Hu, W. Liang, C. Ou, J. He, L. Liu, H. Shan, C. Lei, D.S.C. Hui, B. Du, L. Li, G. Zeng, K.-Y. Yuen, R. Chen, C. Tang, T. Wang, P. Chen, J. Xiang, S. Li, Jin-lin Wang, Z. Liang, Y. Peng, L. Wei, Y. Liu, Ya-hua Hu, P. Peng, Jian-ming Wang, J. Liu, Z. Chen, G. Li, Z. Zheng, S. Qiu, J. Luo, C. Ye, S. Zhu, and N. Zhong, for the China Medical Treatment Expert Group for Covid-19*

This article was published on February 28, 2020, and last updated on March 6, 2020, at NEJM.org.

Clinical Characteristics of Coronavirus Disease 2019 in China

Variable	All Patients (N = 1099)	Disease Severity		Presence of Composite Primary End Point	
		Nonsevere (N = 926)	Severe (N = 173)	Yes (N = 67)	No (N = 1032)
Platelet count					
Median (IQR) — per mm ³	168,000 (132,000–207,000)	172,000 (139,000–212,000)	137,500 (99,000–179,500)	156,500 (114,200–195,000)	169,000 (133,000–207,000)
Distribution — no./total no. (%)					
<150,000 per mm ³	315/869 (36.2)	225/713 (31.6)	90/156 (57.7)	27/58 (46.6)	288/811 (35.5)
Median hemoglobin (IQR) — g/dL	13.4. (11.9–14.8)	13.5 (12.0–14.8)	12.8 (11.2–14.1)	12.5 (10.5–14.0)	13.4 (12.0–14.8)
d-dimer ≥0.5 mg/liter	260/560 (46.4)	195/451 (43.2)	65/109 (59.6)	34/49 (69.4)	226/511 (44.2)

Clinical course and risk factors for mortality of adult inpatients with COVID-19 in Wuhan, China: a retrospective cohort study

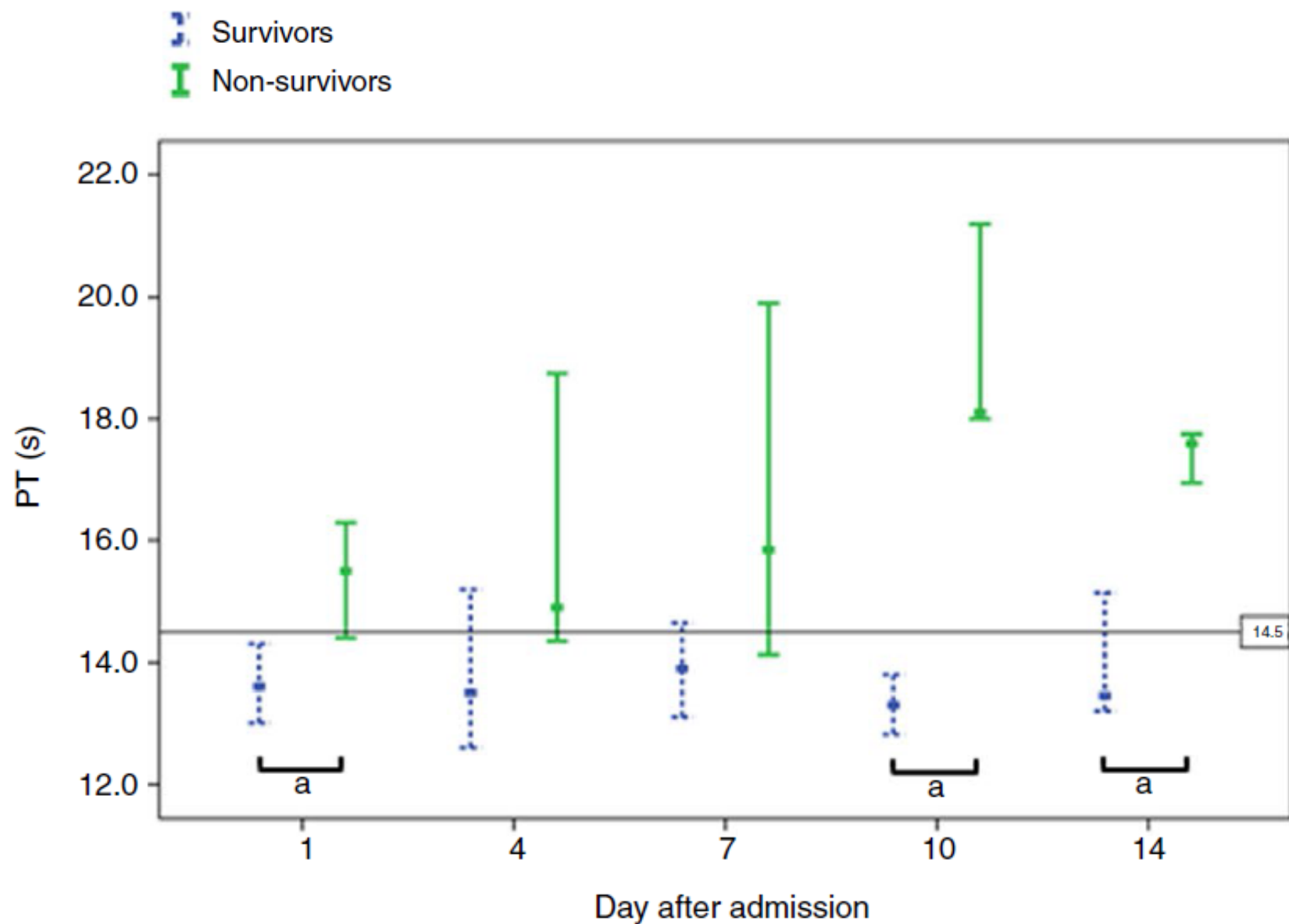
Fei Zhou*, Ting Yu*, Ronghui Du*, Guohui Fan*, Ying Liu*, Zhibo Liu*, Jie Xiang*, Yeming Wang, Bin Song, Xiaoying Gu, Lulu Guan, Yuan Wei, Hui Li, Xudong Wu, Jiuyang Xu, Shengjin Tu, Yi Zhang, Hua Chen, Bin Cao

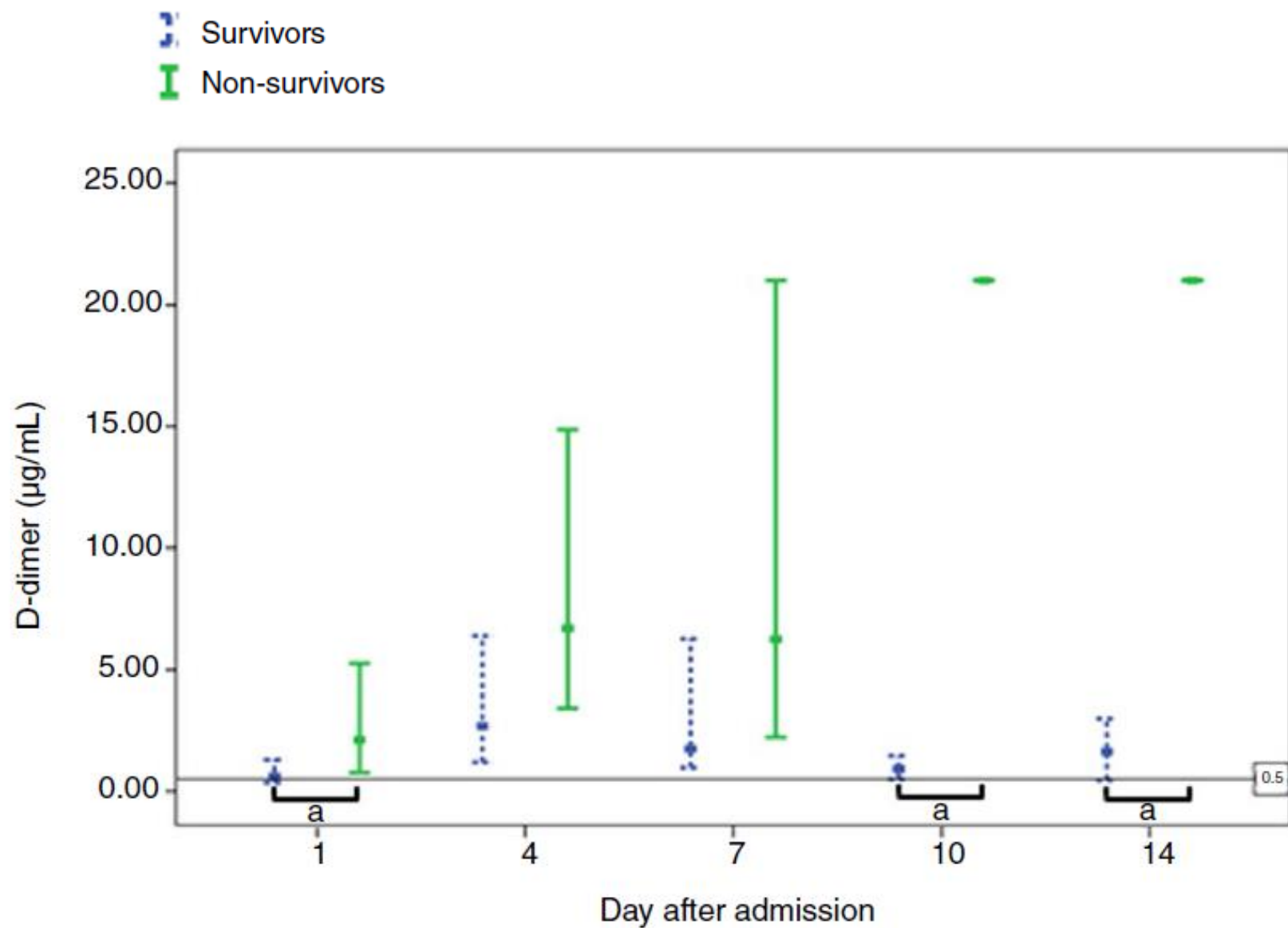
	Non survivor (n=54)	Survivor (n=137)	
Lymphocytes < $0.8 \times 10^9/L$	41 (976%)	36 (26%)	<0.0001
Platelet count < $100 \times 10^9/L$	1 (20%)	2 (1%)	<0.0001
LDH (IU)	521 (98%)	253 (54%)	<0.0001
Troponin I (> 28 pg/ml)	46%	1%	<0.0001
Prothrombin time (>16s)	13%	3%	-
Serum ferritin ug/L	1435 (96%)	503 (71%)	0.0008
IL-6 pg/ml	11 (7-14.5)	6.3 (5.0-7.9)	<0.0001
D Dimer >1 ug/ml	81%	24%	<0.0001

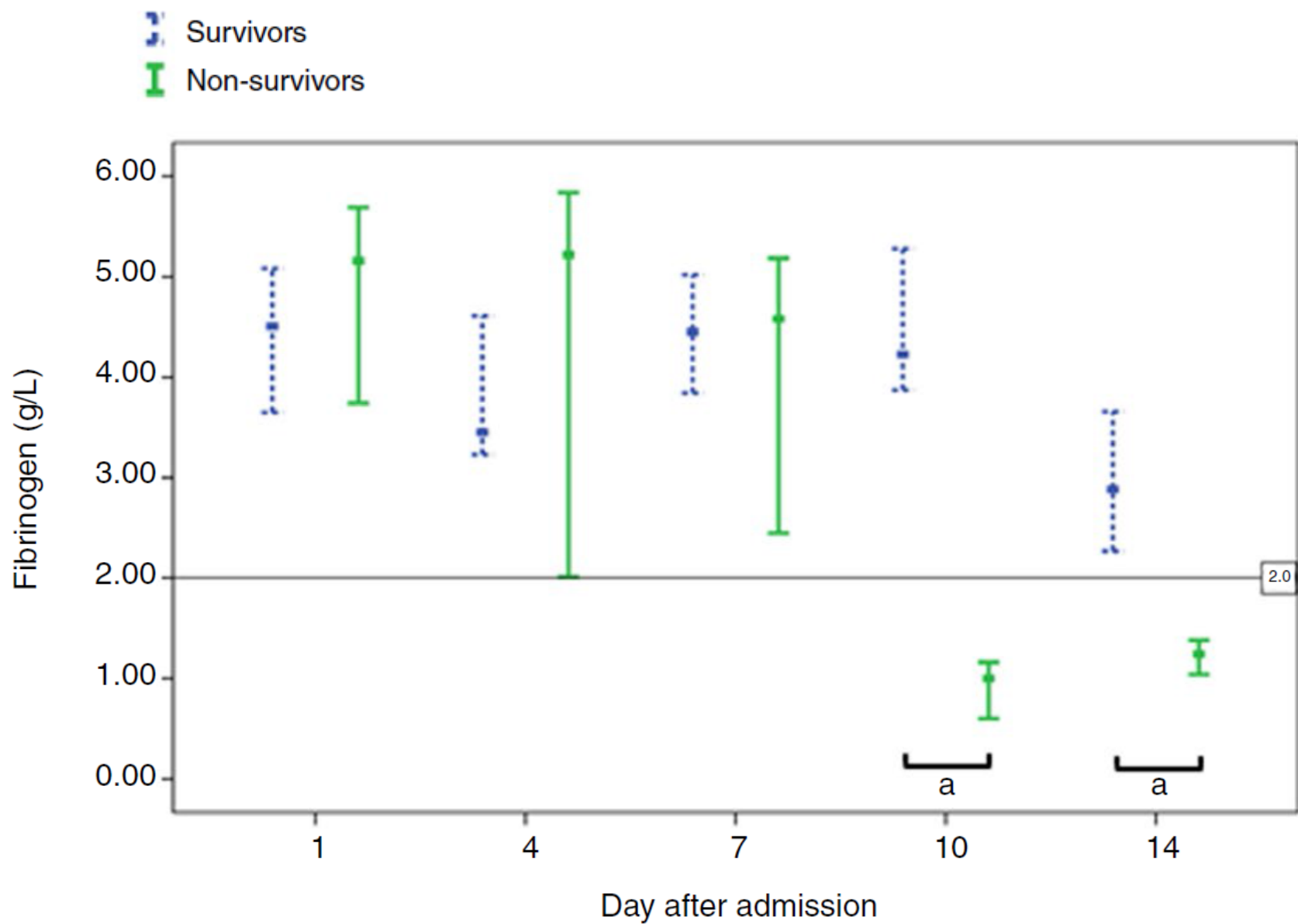
Abnormal coagulation parameters are associated with poor prognosis in patients with novel coronavirus pneumonia

Ning Tang¹ | Dengju Li² | Xiong Wang¹ | Ziyong Sun¹

Parameters	Normal range	Total (n = 183)	Survivors (n = 162)	Non-survivors (n = 21)	P values
Age (years)		54.1 ± 16.2	52.4 ± 15.6	64.0 ± 20.7	<.001
Sex (male/female)		98/85	82/80	16/5	.035
With underlying diseases		75 (41.0%)	63 (38.9%)	12 (57.1%)	.156
On admission					
PT (sec)	11.5-14.5	13.7 (13.1-14.6)	13.6 (13.0-14.3)	15.5 (14.4-16.3)	<.001
APTT (sec)	29.0-42.0	41.6 (36.9-44.5)	41.2 (36.9-44.0)	44.8 (40.2-51.0)	.096
Fibrinogen (g/L)	2.0-4.0	4.55 (3.66-5.17)	4.51 (3.65-5.09)	5.16 (3.74-5.69)	.149
D-dimer (μg/mL)	<0.50	0.66 (0.38-1.50)	0.61 (0.35-1.29)	2.12 (0.77-5.27)	<.001
FDP (μg/mL)	<5.0	4.0 (4.0-4.9)	4.0 (4.0-4.3)	7.6 (4.0-23.4)	<.001
AT (%)	80-120	91 (83-97)	91 (84-97)	84 (78-90)	.096

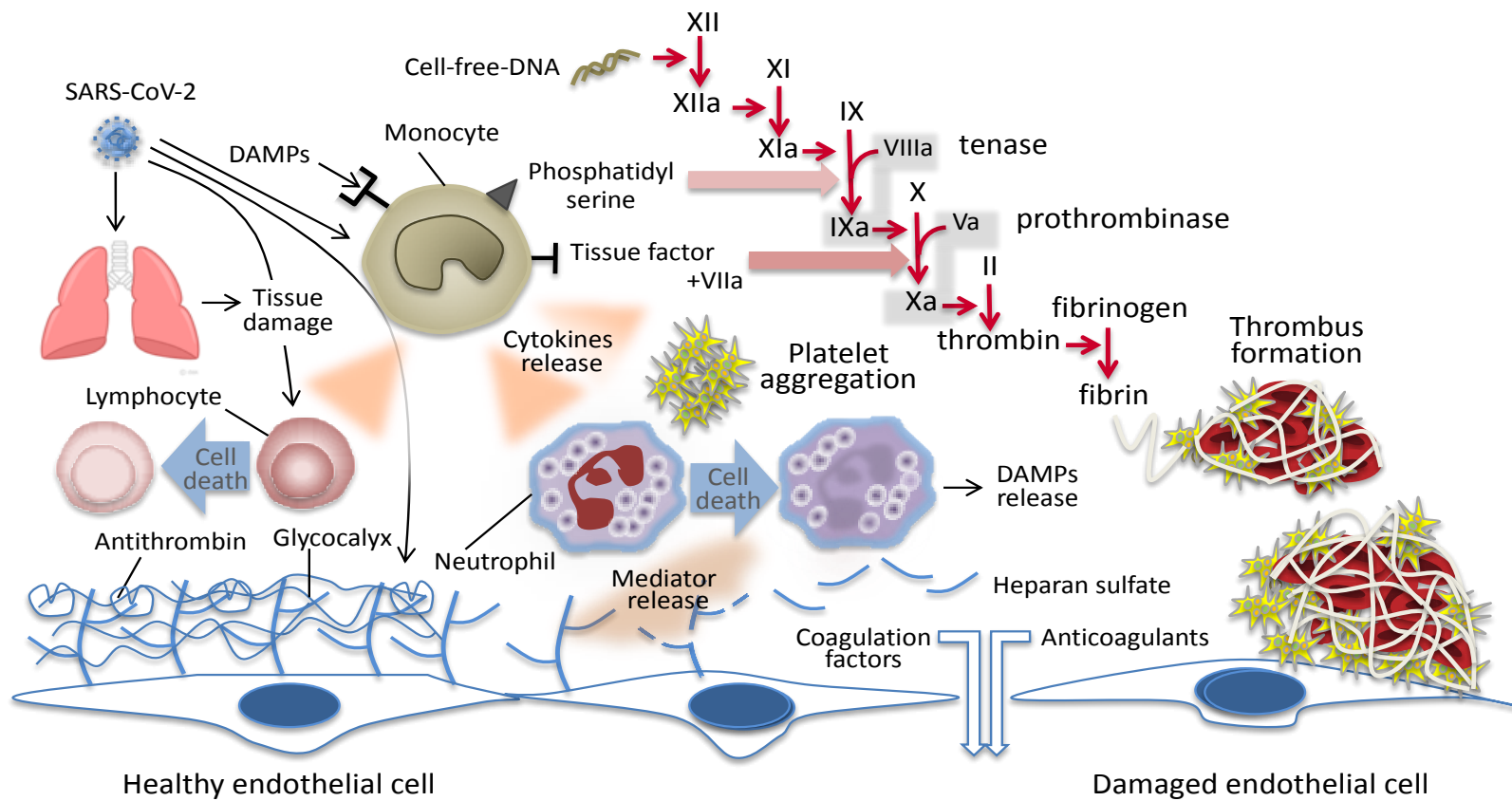






COVID-19 coagulopathy: summary

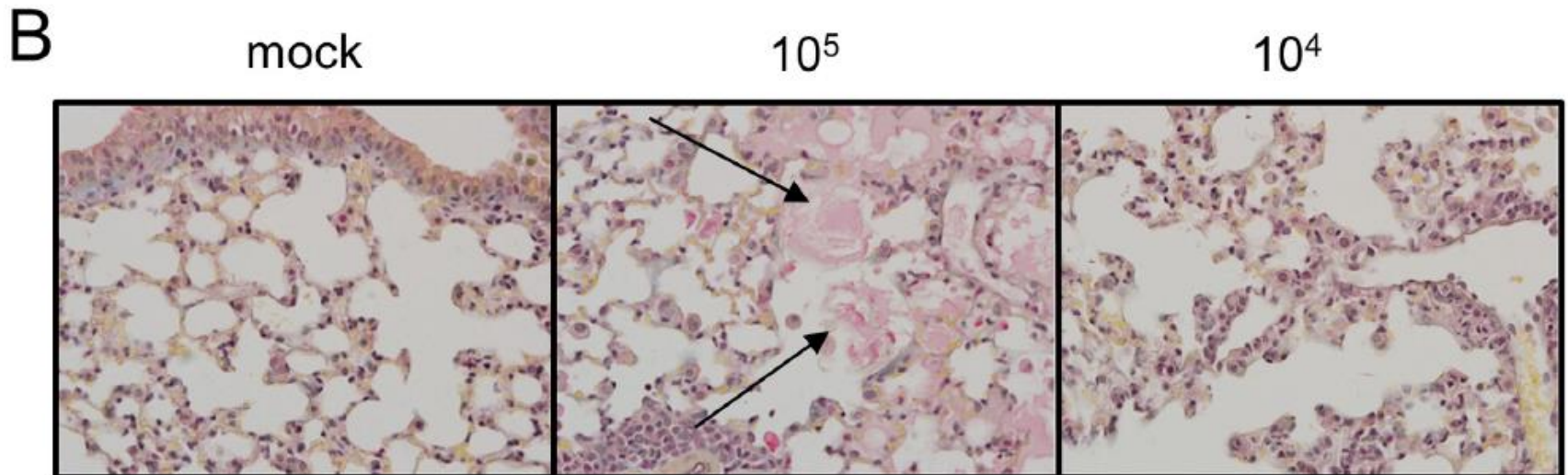
- Signs of coagulation activation mimicking DIC, but different from 'usual' sepsis-related DIC
 - Less prominent thrombocytopenia
 - Less consumption of coagulation proteins
- Clinical and pathological signs of thrombotic microangiopathy
 - vWF multimers and ADAMTS13 ?
- Prominent increase in D-dimer with predictive value for adverse outcome



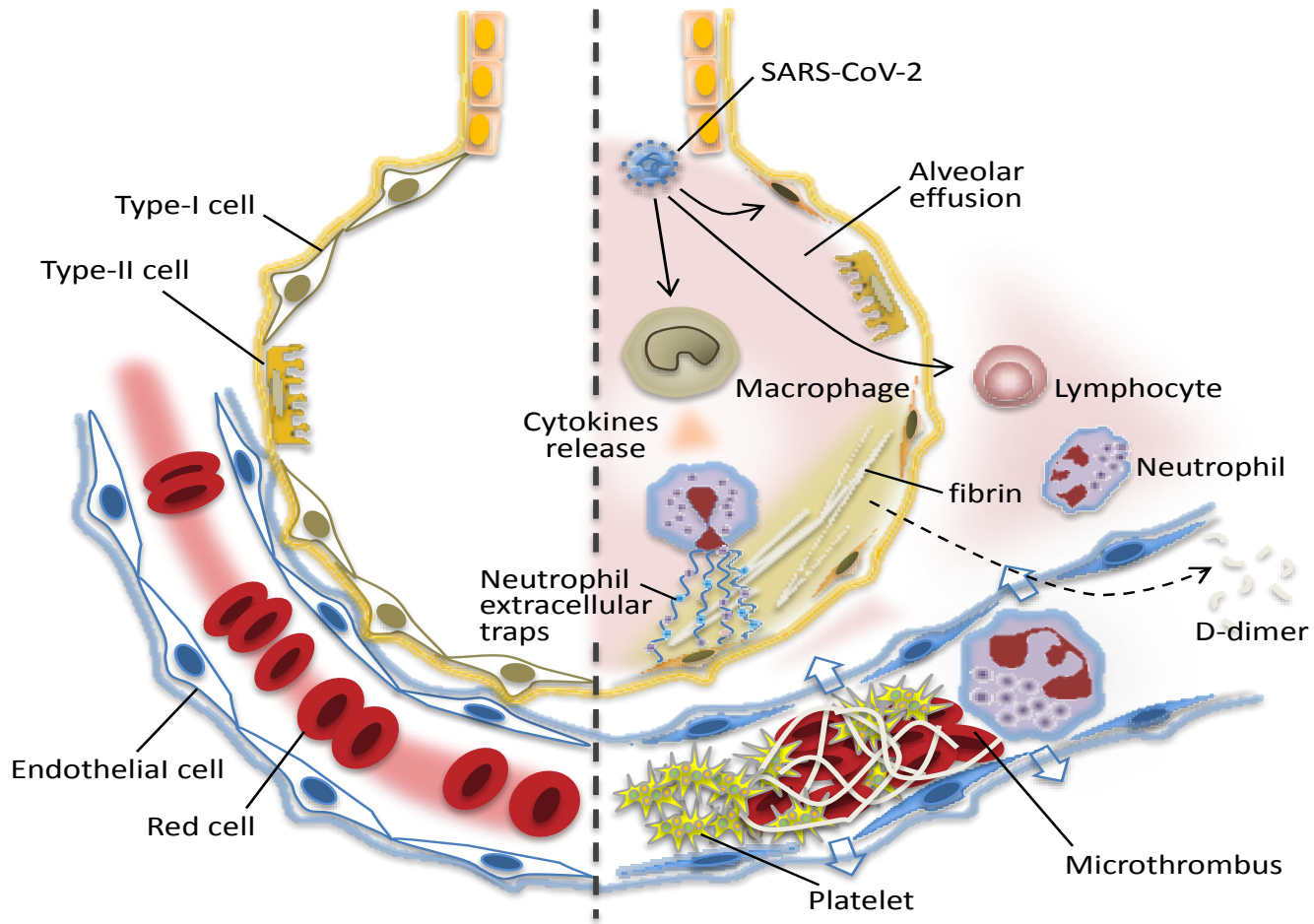
Iba T, et al, 2020

Mechanisms of Severe Acute Respiratory Syndrome Coronavirus-Induced Acute Lung Injury

Lisa E. Gralinski,^a Armand Bankhead III,^b Sophia Jeng,^b Vineet D. Menachery,^a Sean Proll,^c Sarah E. Belisle,^c Melissa Matzke,^d Bobbie-Jo M. Webb-Robertson,^d Maria L. Luna,^d Anil K. Shukla,^d Martin T. Ferris,^e Meagan Bolles,^f Jean Chang,^c Lauri Aicher,^c Katrina M. Waters,^d Richard D. Smith,^d Thomas O. Metz,^d G. Lynn Law,^c Michael G. Katze,^{c,g} Shannon McWeeney,^b Ralph S. Baric^{a,f}



Plasminogen activator-driven pathways determine activation of the plasminogen-plasmin system and are an important factor in lethality



Iba T, et al, 2020

Acute pulmonary embolism and COVID-19 pneumonia: a random association?

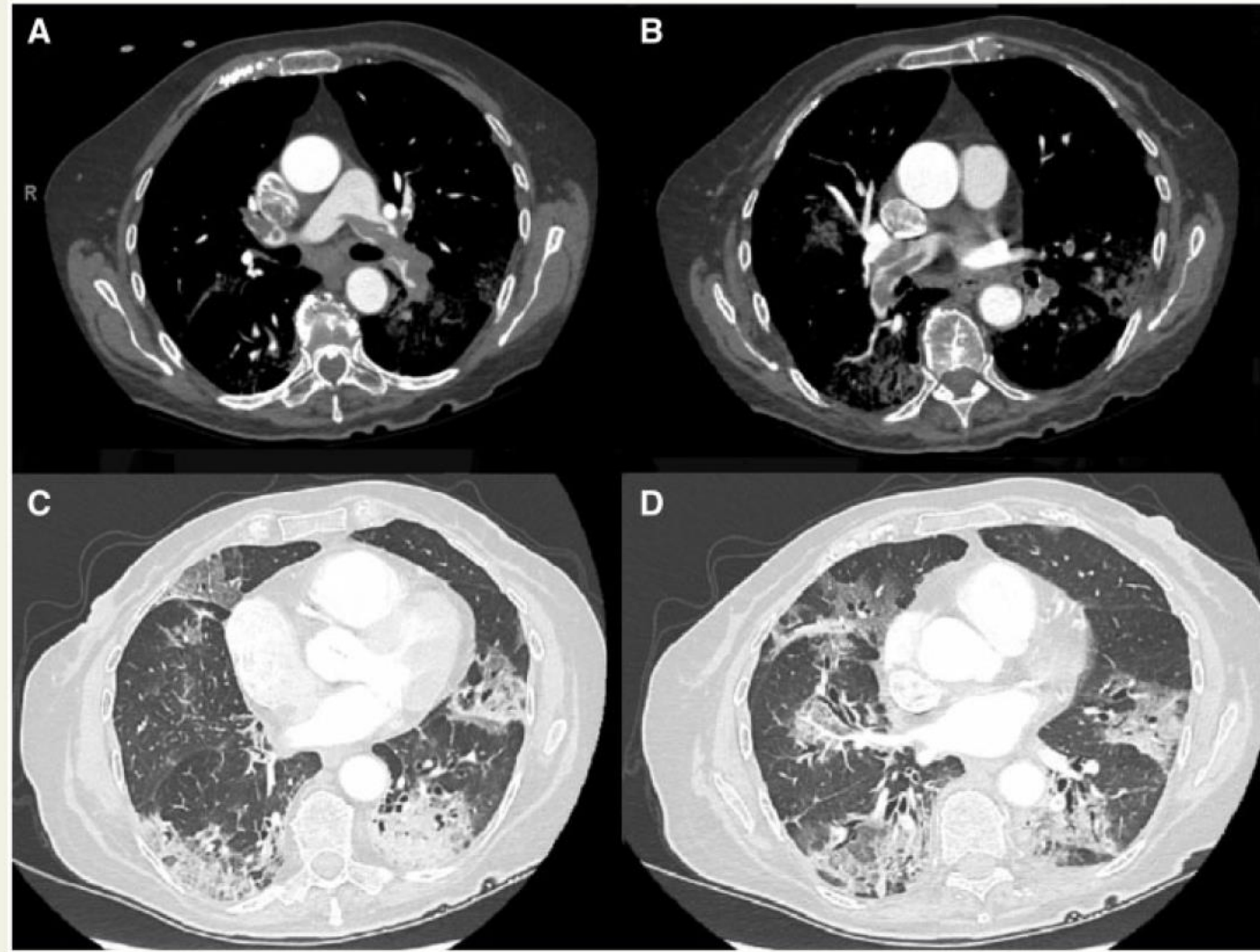
Gian Battista Danzi ^{1*}, **Marco Loffi** ¹, **Gianluca Galeazzi** ¹, and **Elisa Gherbesi** ²


¹Division of Cardiology, Ospedale di Cremona, Cremona, Italy; and ² Università degli Studi di Milano, Milano, Italy

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In a 75-year-old Covid-19-positive woman hospitalized for severe bilateral pneumonia, CT scan documented bilateral pulmonary embolism associated with extensive ground-glass opacifications involving both the lung parenchymas.

Acute infections are associated with a transient increased risk of venous thrombo-embolic events. A COVID-19-positive 75-year-old woman, with severe bilateral pneumonia and concomitant acute pulmonary embolism, was hospitalized after 10 days of fever and a recent onset of dyspnoea. She was haemodynamically stable and without strong predisposing risk factors for venous thrombo-embolism.

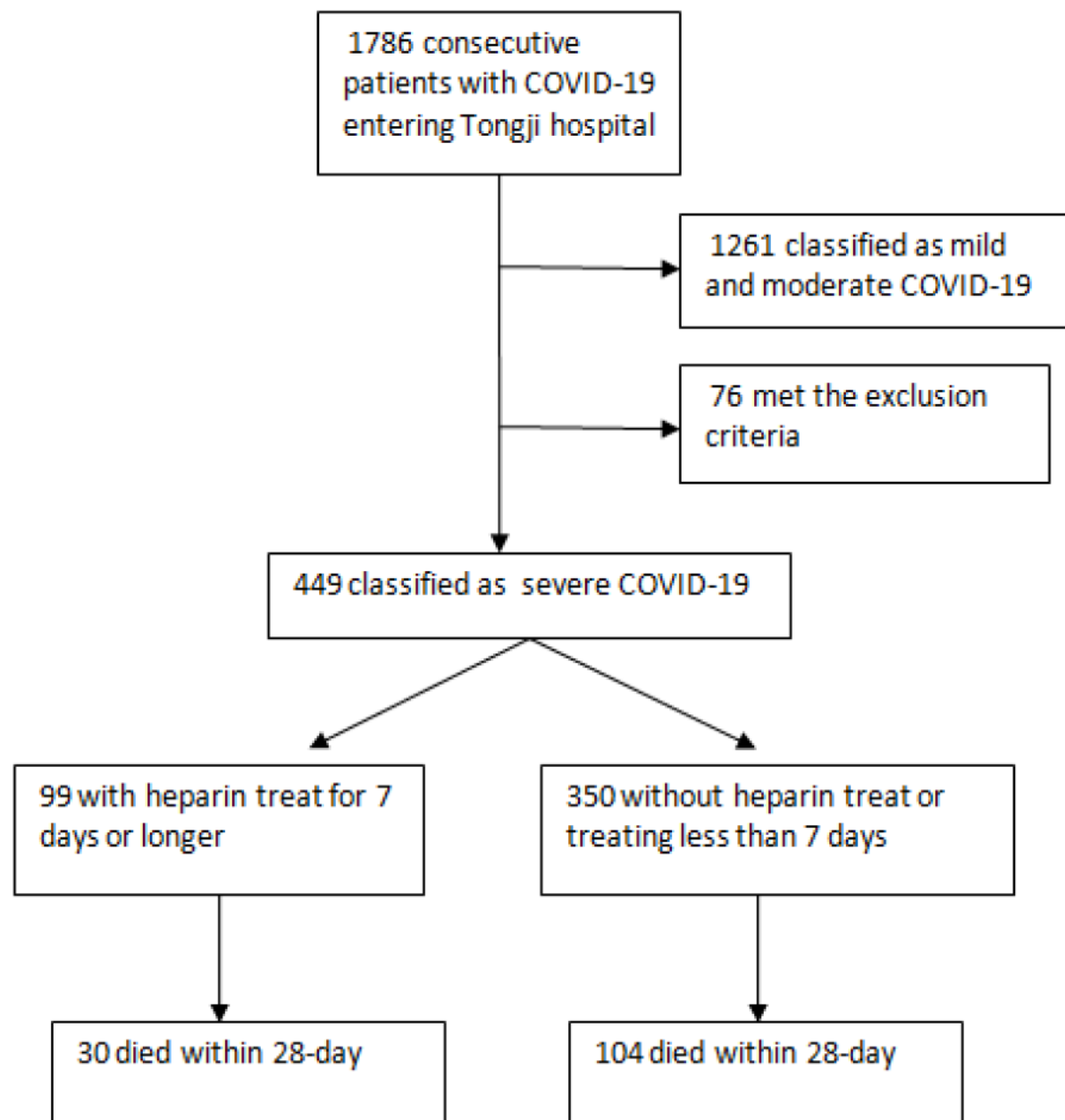


ORIGINAL ARTICLE |  [Free Access](#) |

Anticoagulant treatment is associated with decreased mortality in severe coronavirus disease 2019 patients with coagulopathy

Ning Tang, Huan Bai, Xing Chen, Jiale Gong, Dengju Li, Ziyong Sun✉

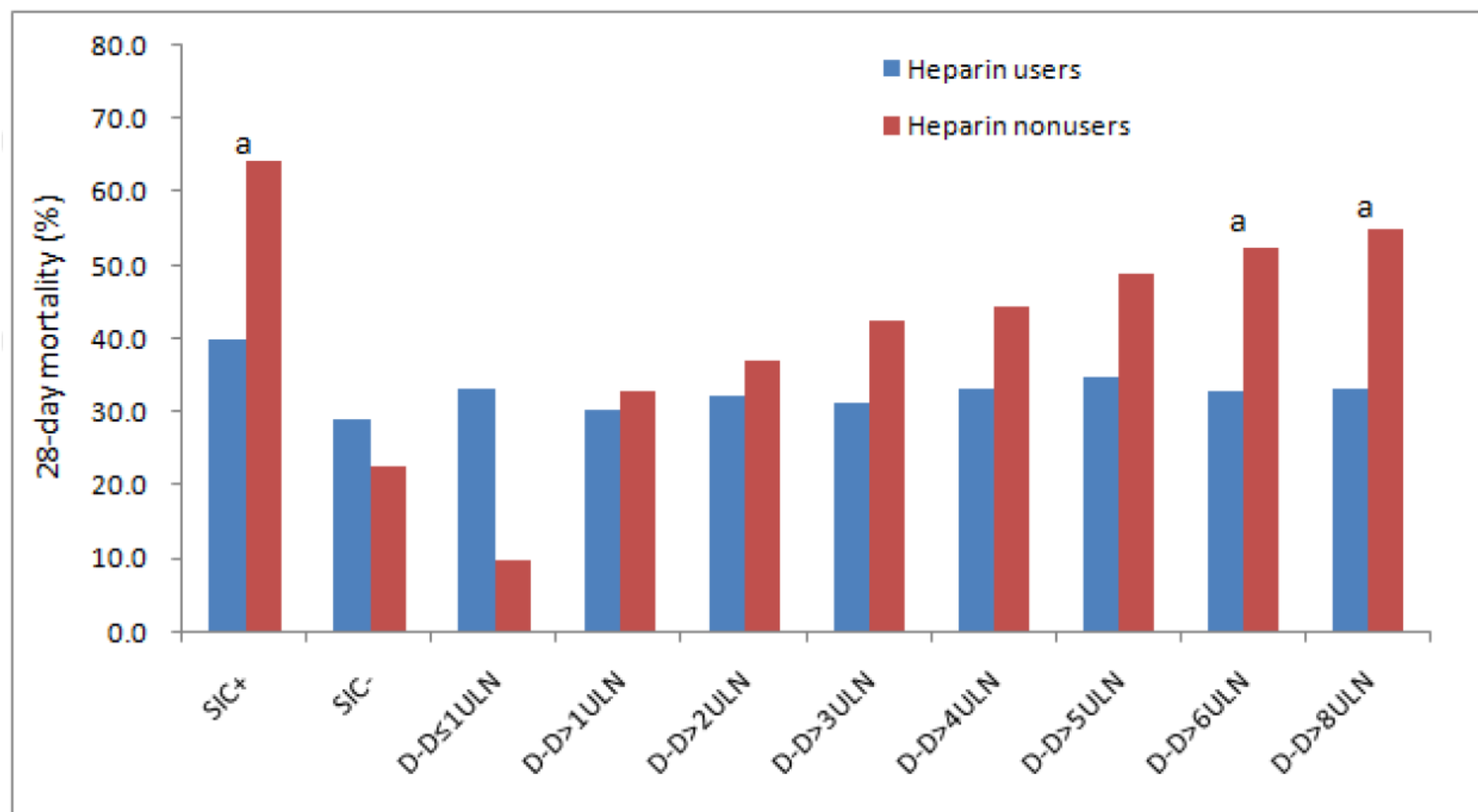
First published: 27 March 2020 | <https://doi.org/10.1111/jth.14817>



Anticoagulant treatment is associated with decreased mortality in severe coronavirus disease 2019 patients with coagulopathy

Table 4 The association between heparin treatment and outcomes in stratified patients

Patients with	28-day mortality		Univariate analysis	
	Treating with Heparin	Non-treating with heparin	Odds ratio (95% CI)	<i>P</i> value
SIC score ≥ 4 (n=97)	<u>40.0%</u>	<u>64.2%</u>	0.372 (0.154-0.901)	0.029
SIC score ≤ 4 (n=352)	29.0%	22.6%	1.284 (0.700-2.358)	0.419



Conclusion

- Severe COVID-19 infection is associated with a coagulopathy with features of both DIC and thrombotic microangiopathy
- Coagulopathy is at least a marker of adverse outcome
- Severe COVID-19 seems to result in a pro-hemostatic state with possible consequences for the incidence of venous thromboembolism